



2025 Panama International Regatta

Organizing Authority: Sea Masters Academy Panama (SMAP)

January 24 - 26, 2025

Ocean Reef Islands Marina and Water Sport Center

Sailing Instructions

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the US Sailing prescriptions.
- 1.2. RRS Rule 40 is changed as follows: Competitors shall wear personal flotation devices while on the water, except for brief periods while changing or adjusting clothing.
- 1.3. Appendix V Rule V1 (PENALTY AT THE TIME OF AN INCIDENT) shall apply: The first two sentences of Rule 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.4. Appendix V Rule V2 (PENALTY TAKEN AFTER A RACE) shall apply.
- 1.5. In the event of a conflict between rules in the Notice of Race and rules in the Sailing Instructions, the Sailing Instructions shall take precedence.

2. Notice To Competitors

- 2.1. Notices to competitors will be posted on the Sea Master Academy Panama On-Line Notice board located at seamasterspty.com/pir

3. Changes to Sailing Instructions

- 3.1. Any changes to the sailing instructions on the first day of racing will be posted after the skipper's meeting
- 3.2. Any change to the sailing instructions on the second day of racing will be posted before 0900
- 3.3. Any change to the schedule of races will be posted by 1900 before the day it will take effect.

3.4. The Race Committee may issue changes on the water with the displaying of the “L” flag.

4. Signals Made Ashore

4.1. Signals made ashore will be displayed from the competitor assembly area.

4.2. When AP is displayed ashore, “1 minute” is replaced with “not less than 15 minutes” in Race Signal AP. This changes Rule Race Signal A.

5. Schedule of Races

5.1.

DATE	TIME	Description
Thursday Jan. 23, 2025	10:00 -13:00	Registration at WSC office - Ocean Reef Islands Marina Water Sport Center
	14:00 - 17:00	Clinic session for those who sign up
	16:00	Big Boat rally race across the Bay of Panama (those interested are welcome to watch from anywhere at Cinta Costera or La Vespa Restaurant at JW Marriott-Punta Pacifica)
Friday Jan. 24, 2025	08:30 -11:00	Registration at WSC office - Ocean Reef Islands Marina Water Sport Center
	11:15	Competitors’ meeting
	13:30	Boat launch
	14:00	First Warning signal
	16:30	No race start after this time
		*No buffet available on this day!
Saturday Jan. 25, 2025	8:30	Check-in at WSC office - Ocean Reef Islands Marina Water Sport Center
	9:30	Competitors’ meeting

	9:50	Boat launch
	10:30	First Warning signal
	17:00	No race start after this time
	18:30	Open buffet and Opening Party at Blue - Ocean Reef Islands Marina
Sunday Jan. 26, 2025	9:30	Competitors' meeting at WSC office - Ocean Reef Islands Marina Water Sport Center
	9:50	Boat launch
	10:30	First Warning signal
	16:00	No race start after this time
	18:00	Awards and Prizes at Blue - Ocean Reef Islands Marina

5.2. Only one rally race is scheduled for Thursday. A maximum of 3 dinghy races are scheduled for Friday. A maximum of 6 dinghy races are scheduled each day for Saturday and Sunday. The schedule may be adjusted as the result of changing conditions.

6. Class Flags

6.1. Each class flag will be the class insignia on a solid background

6.1.1. Optimist: Optimist Class flag



6.1.2. RS Quest: RS Quest flag



6.1.3. ILCA fleet



6.2. If a class flag is not available, the RC will provide an alternative and notify the competitors

7. Racing Area

7.1. The racing area will be located in the waters of Panama Bay near Ocean Reef in front of JW Marriott Punta Pacifica and the waters Southeast of Club de Yates y Pesca.

8. Courses and Roundings

8.1. The RS Quest, ILCA 4, and ILCA 6 classes will sail an Olympic (Gold) course with a midcourse start. Course layout and roundings are depicted in Attachment 1

8.2. The Opti Geen class will sail a triangle course. Course layout and roundings are depicted in Attachment 1

8.3. Courses to be sailed will be displayed on a placard and announced verbally

9. Marks

9.1. The windward, reach, and leeward marks shall be yellow inflatables.

10. The Start

10.1. Classes may be combined for starts

10.2. Races will be started using RRS 26 with a five-minute starting sequence.

10.3. The starting line will be between a staff or halyard displaying an orange flag on the race signal vessel and the course side of the port end orange starting mark or an orange flag on a staff on a RC vessel.


10.4. The orange line flag will not be displayed more than five minutes before the starting sequence.

10.5. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes Rule A4.

10.6. The starting line and finish line is restricted to those boats starting or finishing.



RRS 26 Starting Sequence (without starting penalties)

TIME BEFOR START SIGNAL	SOUND SIGNAL	FLAG
Warning 5 minutes	one short blast	↑ Class flag
Preparatory 4 minutes	one short blast	↑  P flag
1 minute	one LONG blast	↓  P flag
Start - 0 minutes	one short blast	↓ Class flag

11. Recalls

11.1. The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.

11.2. Failure of a boat to hear her recall notification and the order and timing of such hail shall not be grounds for redress.

12. Changing the Next Leg of the Course

12.1. The race committee may elect to change the next leg of the course up to 10 degrees on the axis and/or length no more than 25% of the distance without signaling a "C" flag. This changes Rule 33(a) and Rule 33 (b).

13.The Finish

13.1. The finishing line will be between a staff or halyard displaying an orange flag on the race committee signal vessel and the course side of the port-end orange finishing mark or an orange flag on a staff on a race committee vessel. This changes RRS "Flags".

13.2. The Race Committee may elect to score competitors as "Finish- In-Place" to facilitate more races.

14. Time Limits

14.1. The time limit for the first boat to reach Mark 1 shall be 15 minutes. If no boat reaches Mark 1

in the specified time lime, the race shall be abandoned.

14.2. The target time for the first boat to sail the course and finish is 20 minutes.

14.3. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored DNF without a hearing. This changes Rule 35, A5.1 and A5.

15. Protests, Redress, and Scoring Inquiries

15.1. A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees is requested, at the first reasonable opportunity after she finishes and before contacting any support person, to inform the Race Committee at the finishing line of her intent to protest, and when applicable, the identity of the protestee.

15.2. The protest time limit is 60 minutes after the Race Committee vessel docks. The protest time limit will be posted on the Official Notice Board.

15.3. The protest notices and the notification of protests required by RRS 60.3 will be posted on the Official Notice Board as soon as possible after the protest has been delivered, but not later than 30 min after the protest time limit. It is the boats sole responsibility to check the Hearing Schedule on the Online Notice Board to determine if she has been cited in a protest.

15.4. Redress requests shall be submitted using the standard event protest form and submitted within the protest time limit or two hours from the time of the incident, whichever is later.

15.5. Scoring Inquiries shall be submitted within 2 hours after the protest window closes or 2 hours after the results have been posted, which ever is later..

16.Scoring

16.1. One race completed is required to be a series.

16.2. When fewer than six races have been completed, a boat's series score will be the total of her race score, based upon the Low Point Scoring System.

16.3. When six or more races have been completed, a boats score shall be the total of her race scores excluding her worst score.

16.4. A boat that did not start, did not sail the course, did not finish, retired, or was disqualified, shall be scored points for the finishing place one point more than the number of boats entered in the series. This changes Rule A5.1 and A5.

17. Prizes

- 17.1. Prizes will be awarded to the 1st, 2nd, and 3rd place finishers of each class. A minimum of four boats is required to be considered a class.
- 17.2. The 1st place finishers for the ILCA class and the Optimist class shall receive recognition on a perpetual trophy.
- 17.3. Participation medals will be awarded to all competitors.

18. Media Rights

- 18.1. By participating in this championship, a competitor automatically grants to the Organizing Authority and the sponsors of the championship, the right in perpetuity to make, use, and show at their discretion any motion pictures, videos, still pictures and live, taped, or filmed television and other reproductions of him or her during the championship, and of all of material related to the championship, without compensation.

19. Safety

- 19.1. Boats shall check in at the committee signal boat and receive acknowledgment prior to their first race of the day.
- 19.2. A boat that retires from a race shall notify the race committee as soon as possible.

20. Disclaimer of Liability & Risk Statement

- 20.1. Competitors participate in the regatta entirely at their own risk. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior, during or after the event. RRS Rule 3 Decision to Race states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone" By participating in this event, each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, swift currents, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in an increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes. Competitors voluntarily assume the risks associated with communicable diseases including but not limited to COVID-19 or any of its variants.
- 20.2. Competitors shall carry third-party insurance.

20.3. Prior to participating in this event, every competitor shall sign the Sea Masters Academy Panama (SMAP) Waiver of Liability; Competitors with incomplete waivers will be scored DNC and refunds will not be given.

21. Event Officials

21.1. Guillermo Gasperi, DPRO and Safety Officer, info@seamasterspty.com , +507-6607-241

21.2. Ian McClelland, PRO, ian.m.mcclelland2013@gmail.com , +507 6829-3704

21.3. Carla Wagner, On-shore Team coordinator, +507 6619-6919

Attachment A - Course Layout A

Mid Course starting line



Opti Course

Course	Roundings
1	S/F --> M1 (p) --> M2(p) --> M3(p) --> S/F

RS QUEST / ILCA Olympic course

Course	Roundings
1	S/F --> M1(p) --> M2(p) --> M3(p) --> M1(p) --> M3(p) - S/F

Attachment B

Aerial view of Race course and regatta venue

